

# PEER SUPPORT IN SCHOOLS

*Helping young people to help each other and promoting a caring society*

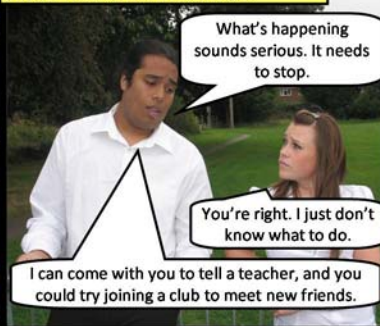
Sarah's old friends were sending her threatening text messages...



I feel really scared and alone at school now.



She went to see a Peer Supporter, a pupil who was trained to help...



I'm glad I went to the Peer Supporter. The bullying has stopped and I can have fun with my new friends.



**What impact does peer support have on school life? Can it reduce bullying?  
How can we promote best practice and help make a difference in schools?**

Peer support schemes are directed by: Young People for Young People with training and support

Types of peer support include: Listening, Befriending, Mentoring and Mediation

Research by: Alana James with ChildLine in Partnerships/NSPCC

Poster starring members of Tara's Charvil Drama Group ([www.dramataraco.uk](http://www.dramataraco.uk)):

Laurie Springate, Ed Hilton Butler Smith, Ravina Bachra, Amias Moore & Daniel Melville

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