



## Internet safety tips

The Internet can be a wonderful resource; you can use it to research, communicate and play interactive games amongst other things. However, it is important to keep safe while you are using it. Here are some tips to show you how...

- ★ Never give out personal information such as your name, address or telephone number to anyone on the net. The exception to this is trusted organisations that you know. If you are unsure, please ask an adult.
- ★ Always use a nickname when signing into chatrooms, instead of your real name.
- ★ Tell an adult immediately if you come across anything that makes you feel uncomfortable.
- ★ Never agree to meet anyone who you meet online without checking with your parent or teacher. If the parent or teacher agrees to a meeting, always meet in a public place and take this person with you.
- ★ Do not send anyone a picture of yourself without checking with a parent or teacher.
- ★ Check with the owner of the computer before downloading or installing software. If something is from an unreliable source, hackers can harm the computer or access private information.
- ★ Do not give out your email password to anyone, apart from a parent, or a teacher if necessary. Don't use names of pets or family as passwords, as people can guess.
- ★ Talk to your parents to set up rules for going online: the time of day, length of time and appropriate areas to visit.
- ★ To avoid spam (email junk mail), ask parents about putting a filter on.
- ★ Never agree to private chat with someone unless you know them personally.
- ★ Remember that people online may not be who they seem. Because you can't see or hear the person it is easy for someone pretend to be someone they're not.

If someone asks you not to tell your parents about something, tell an adult straight away.